

Free

Please Take One

Women's Community Education & Training

Prospectus for Northern Ireland 2009/ 2010

North West

- Foyle Women's Information Network
- RNIB
- Shared City Project
- Strathfoyle Women's Centre
- Waterside Women's Centre
- The Women's Centre, Derry

Belfast / Lisburn

- Ardoyne Women's Group
- ATLAS Women's Centre
- Ballybeen Women's Centre
- Ballymurphy Women's Centre
- Falls Women's Centre
- Footprints Women's Centre
- Greenway Women's Centre
- Shankill Women's Centre
- Training for Women Network
- Windsor Women's Centre
- Women Into Politics
- Women's Information Group
- Women's News
- WOMEN'STEC
- WRDA

Other Groups

- Chrysalis, Craigavon
- First Steps, Dungannon
- The Learning Lodge
- NIRWN
- Kilcooley Women's Centre



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Introduction

Women's Community Based Education and Training

The community-based women's sector offers a variety of services for women, including a comprehensive range of education and training programmes and courses. These are supported by creche and childcare services ranging from playgroups to full day-care. The Women's Community Education and Training arena has developed a deep body of expertise, skills and resources and these support a wide range of women's community based education and training provision.

Participating in education and training within the women's sector offers the following additional benefits to women including:

- locally based accessible venues with an open and friendly learning environment
- provision of childcare facilities to facilitate women returning to education
- also a learning opportunity for the children who attend these childcare facilities
- opportunity to meet other women from your area

These courses have enabled women to enhance their skills to move into Further Education courses, University, and the world of work.

The following organisations are included in this prospectus:

Belfast / Lisburn Centres (10)

Ardoyne Women's Group
 ATLAS Women's Centre
 Ballybeen Women's Centre
 Ballymurphy Women's Centre
 Falls Women's Centre
 Footprints Women's Centre
 Greenway Women's Centre
 Shankill Women's Centre
 Windsor Women's Centre

WOMEN'STEC

North West Groups (5)

Strathfoyle Women's Centre
 Waterside Women's Centre
 The Women's Centre, Derry
 Shared City Project

Other Groups (4)

Chrysalis, Craigavon
 First Steps, Dungannon
 The Learning Lodge
 Kilcooley Women's Centre

Custom Training (8)

Foyle Women's Information Network
 RNIB: Employability and Skills
 Training for Women Network
 Northern Ireland Rural Women's Network
 Women's Information Group
 Women Into Politics
 Women's News
 Women's Resource and Development Agency



The Women's Centres Regional Partnership (WCRP) is funded by the Department for Social Development and made up of four lead partners, namely; Women's Centre in Derry/North-West, WSN, NIRWN and WRDA. The WCRP has a strategic and co-ordinating function to increase partnership working with community based women's organisations across Northern Ireland.

Introduction to Four Lead Partners



Northern Ireland Rural Women's Network (NIRWN)

NIRWN is a Northern Ireland wide network organisation and is jointly funded by DARD and DSD. Established in 2006, NIRWN seeks to articulate and amplify the voices of rural women at local, regional and strategic level and highlight the contribution rural women can make to the rural development agenda.

NIRWN was set up as the only regional organisation dedicated to the support and promotion of rural women. The work delivered by NIRWN on a regional basis, includes articulating rural women's voices through policy consultation response, engaging rural women through networking opportunities, providing assistance to individuals and groups through training and skills development and encouraging rural women into public life. NIRWN has, over the past 3 years, engaged over 3000 rural women in activities which have successfully elevated their voices at a local, regional and strategic level.



Women's Resource & Development Agency (WRDA)

The Women's Resource and Development Agency has been in existence since 1983. It is a regional organisation with a mission 'to advance women's equality and participation in society by working to bring about social, political and economic change.' We have a membership of 120+ groups, working with women in disadvantaged communities.

Community Direct, our social economy business, aims to provide Statutory, Voluntary and Private Sector with a range of quality products and services that helps them to address the health and social needs of people and communities across Northern Ireland.

WRDA will regularly publish a wide range of information of relevance to the Women's Sector including research, reports and policy briefings and general facts regarding the position of women in our society. We recently created an e-bulletin "Gender Focus" that shows how decisions made in Stormont can have a differential impact on men and women and ensures discussions and policy decisions are gender sensitive.

For more information, see our award-winning web site: <http://www.wrda.net>



The Women's Centre
ACCESS EMPOWERMENT ENABLEMENT

The Women's Centre, Derry

The Women's Centre is a feminist community education initiative. In its twenty-one years, the Women's Centre has captured the collaborative and enjoyable aspects of learning, enabling generations of women, not only to construct new learning identities but also to develop and improve many other aspects of their lives as well.

The Women's Centre continues in its role as a key community development organisation in the North West region, providing and participating in a wide range of programmes, services and activities for women and women's groups in the area.

The Centre provides an in house creche facility. This service, provided at no cost, addresses a widely recognised barrier to women's access to lifelong learning – lack of affordable childcare. The creche has a full, comprehensive programme of activities and currently provides up to 230 places each week.

Activities

- We provide training and educational opportunities for women from the local communities.
- We provide information on a range of community and individual issues.
- We support, help and encourage other groups wishing to use our facilities.
- We offer free on-site childcare for those using the Centre.
- We offer a Drop In facility encouraging women to meet their peers in an informal manner.
- We work in partnership with local training organisations and statutory organisations and network with other local, regional and cross border women's groups on a number of related issues.

The Women's Centre continues to encourage and enable approx 400 women on a weekly basis from a variety of communities and differing ways of life. The Centre aims to continue this work and more over the coming years through group work, one to one tutorials, policy participation, seminars, workshops and networking.

It is their mission to:

Promote equality of access for women by providing resources so that women can meet, learn and support each other to make choices and develop common strategies for the empowerment of women.



Women's Support Network

The Women's Support Network is a regional infrastructural umbrella organisation that was established in 1989 to increase the capacity and voice of community based women's organisations across Northern Ireland.

Membership

Membership consists of 45 community-based Women's Centres, women's projects and women's infrastructure groups. The Network has 9 affiliate members drawn from the wider community and voluntary sector.

Outreach & Development

WSN promotes the autonomous organisation of women and aims to strengthen the collective voice of groups who work with women in disadvantaged areas. The Network offers organisational development support, networking opportunities, and updates members on important information and events. WSN also produces accessible and relevant resources, including a quarterly newsletter. WSN signposts to other local, regional, national and international women's organisations.

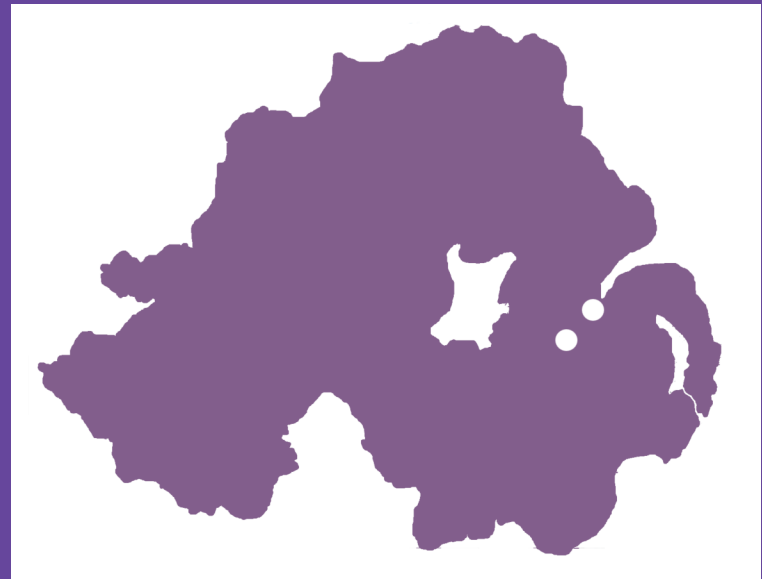
Policy & Research

WSN works collectively to lobby policy and decision makers on a range of issues that affect women's lives, such as violence against women, employment and childcare, health, access to benefits and advice, education and training, rights and equality, and criminal justice. This includes campaigning for effective representation and funding for the community based women's sector. WSN is represented on a number of strategic advisory groups, and various equality fora to ensure that the voice of women is heard. The Network regularly carries out and commissions research and reports in areas that are relevant to our members.

Alliances

The Network is committed to partnership working, and has developed Alliances, such as the Early Years Strategic Alliance, and is involved in strategic partnerships such as the Women's Centres Regional Partnership, the Specialist Advice Panel and the Joint Government/Voluntary and Community Sector Forum.

Belfast / Lisburn



ATLAS Women's Centre schedule
Ballybeen Women's Centre schedule
Falls Women's Centre schedule
Footprints Women's Centre schedule
Greenway Women's Centre schedule
Shankill Women's Centre schedule
Windsor Women's Centre schedule



ATLAS Women's Centre

Contact Name:
Gay Sherry-Bingham
Address:
79 - 81 Sloan Street, Lisburn
Phone No:
028 9260 5806
Contact email:
atlascentre@hotmail.com
Web Site:
www.atlaswomenscentre.com
Creche Facilities? Yes



Ballybeen Women's Centre

Contact Name:
Amanda Marshall
Address:
34 Ballybeen Square, Dundonald
Phone No:
028 9048 1632
Contact email :
info@ballybeenwomenscentre.org
Web site: www.ballybeenwomenscentre.org
Creche Facilities? Yes



Falls Women's Centre

Contact Name:
Lisa Mervyn
Address:
256-258 Falls Road, BT12 6AL
Phone No:
028 9032 7672
Contact email:
lisamervyn@yahoo.com
Creche Facilities? Yes



Footprints Women's Centre

Contact Name:
Christine Cosgrove
Address:
84a Colinmill, Poleglass, BT17 0JW
Phone No:
028 9092 3444 Ext 225
Contact email:
training@footprintswomenscentre.com
Web site:
www.footprintswomenscentre.org
Creche Facilities? Yes



Greenway Women's Centre

Contact Name:
Adrian McCracken
Address:
19 Greenway, Cregagh Road
Belfast, BT6 0DT
Phone No:
028 9079 9912
Contact email:
education@greenway.ws
Web site: www.greenway.ws
Creche Facilities? Yes



Shankill Women's Centre

Contact Name:
Roberta Gray
Address:
151/157 Shankill Road, BT13 1FD
Phone No:
028 9024 0642
Contact email:
robertag@shankillwomenscentre.org
Web site:
www.shankillwomenscentre.org.uk
Creche Facilities? Yes



Windsor Women's Centre

Contact Name:
Martina Magee
Address:
136/144 Broadway, Belfast
Phone No:
028 9023 5451 ext 221
Contact email:
windsorwomans@yahoo.co.uk
Web site:
www.windsorwomenscentre.co.uk
Creche Facilities? Yes

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|---|----------|----------|------------|-------------|---------------------------|-------------------|
| ATLAS Women's Centre Phone No: 028 9260 5806 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | English | 10-12 | 1 Year | 7/9/09 | FREE | N/A | Entry Level 1,2,3 |
| | Building Confidence | 10-12 | 8 weeks | 7/9/09 | FREE | N/A | N/A |
| | Intro to Computers | 10-12 | 17 weeks | 7/9/09 | £65 | FREE Depends on status | Entry Level |
| | Clait | 10-12 | 34 weeks | 7/9/09 | £105 | FREE Depends on status | Level 1 |
| | Digital Photography | 2-4 | 7 weeks | 7/9/09 | £40 | N/A | N/A |
| | ICT Essential Skills | 2-4 | 1 year | 14/09/09 | FREE | N/A | N/A |
| | Genealogy (50+) | 2-4 | TBC | 14/09/09 | TBC | FREE | Level 1 |
| | Line Dancing | 2-3 | 8 weeks | 7/09/09 | £1 per week | N/A | N/A |
| Tuesday | English | 10-12 | 1 year | 8/09/09 | FREE | N/A | Level 1 |
| | Build Confidence* | 10-12 | 20 weeks | 8/09/09 | FREE | N/A | Level 1 |
| | Build A Future | | | | | | |
| | ICT Essential Skills | 10-12.30 | 40 hours | 15/06/09 | FREE | N/A | Level 2 |
| | Happy NOT Cross Community Project | 2-4 | On going | 11/08/09 | FREE | N/A | N/A |
| | Clait | 2-4 | 34 weeks | 8/09/09 | £105 | FREE Depends on status | Level 1 |
| | ICT | 7-9 | 1 year | 15/09/09 | FREE | N/A | N/A |
| | BSL Level 1 Module 2 | 1-3 | 30 weeks | 15/09/09 | £139 | FREE Depends on status | BSL Level 1 |
| | ICT Essential Skills | 7-9 | 1 year | 15/09/09 | FREE | N/A | Level 1,2,3 |
| | Text Processing | 7-9 | 1 year | 15/09/09 | £106 | FREE Depends on status | Level 1,2,3 |
| | English | 7-9 | 1 year | 8/09/09 | FREE | N/A | Level 2 |
| | Womens Personal & Professional Development * | 7-9 | 20 weeks | 22/09/09 | FREE | N/A | Level 1 |
| | Wednesday | English | 10-12 | 1 year | 17/06/09 | FREE | N/A |
| Maths | | 10-12 | 1 year | 9/09/09 | FREE | N/A | Entry Level - L 1 |
| ICT Essential Skills | | 10-12 | 1 year | 16/09/09 | FREE | N/A | Level 1,2,3 |
| Text Processing | | 10-12 | 1 year | 16/09/09 | £106 | FREE Depends on status | Level 2,3 |
| Past, Present & Future | | 2-4 | On going | 11/08/09 | FREE | N/A | N/A |
| Jewellery & Card Crafts | | 2-4 | 6 weeks | 16/09/09 | £10 | N/A | N/A |
| Employability Skills | | 2-4 | 12 weeks | 30/09/09 | FREE | N/A | Level 1 |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|-----------|-------------------------|-----------|------------|--|-------------|---------------------------|-------------------|
| Wednesday | Colour Me Beautiful | 7-9 | 5 weeks | 30/09/09 | £30 | N/A | N/A |
| (cont.) | Digital Photography | 7-9 | 7 weeks | 09/09/09 | £40 | N/A | N/A |
| | ATLAS Choir | 7-9 | 10 weeks | 09/09/09 | £1 per week | N/A | N/A |
| | Basic Food Hygiene | 6.30-9.00 | 2 evenings | 7th & 14th Oct More dates to follow | £40 | N/A | Level 2 |
| | NOCN Intro to Computers | 7-9 | 17 weeks | 09/09/09 | £65 | FREE Depends on status | Entry Level |
| Thursday | Maths | 10-12 | 1 year | 10/09/09 | FREE | N/A | Entry Level - L 1 |
| | ICT Essential Skills | 10-12 | 1 year | 17/09/09 | FREE | N/A | Level 2 |
| | DIY for Women * | 10-12 | 20 weeks | 17/09/09 | FREE | N/A | Level 1 |
| | Community Arts * | 2-4 | 15 weeks | 24/09/09 | FREE | FREE | Level 1 |
| | Digital Photography | 2-4 | 7 weeks | 24/09/09 | FREE | FREE | Level 1 |
| | Clait | 2-4 / 7-9 | 34 weeks | 10/9/09 | £105 | FREE Depends on status | Level 1 |
| | Maths | 7-9 | 1 year | 10/09/09 | FREE | N/A | Entry Level - L 1 |
| | ICT Essential Skills | 7-9 | 1 year | 10/09/09 | FREE | N/A | Level 2 |
| | Home Cooking | 7-9 | 2 hours | 1st Thurs mth | FREE | N/A | N/A |
| Friday | Knit & Natter Group | 10-12 | On going | 4/09/09 | FREE | N/A | N/A |
| | Health Awareness | 10-12 | 3 weeks | 18/09/09 | FREE | N/A | N/A |
| | Accredited Make-Up | 10-12 | 15 weeks | 18/09/09 | FREE | FREE Depends on status | N/A |
| | NOCN Intro to Computers | 10-12 | 17 weeks | 11/09/09 | £65 | FREE Depends on status | Entry Level |
| | ICT Essential Skills | 10-12 | 40 weeks | 18/09/09 | FREE | N/A | Level 1,2 |
| | Parenting Tips | 10-12 | Ongoing | 18/09/09 | FREE | N/A | N/A |
| Saturday | Child Protection | 1 day | | | | | |
| | First Aid | | | | | | |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|---|--|-----------------|----------|-------------|-----------|---------------------------|------------------------------|
| Ballybeen Women's Centre Phone No: 028 9048 1632 * The Live and Learn Project is supported by the BIG Lottery Fund | | | | | | | |
| Monday | Positive Parents, Positive Kids | 10am-12noon | 10 weeks | Sept/Oct 09 | £40 | £28 | Non accredited |
| | Investigating Your Family Tree <i>(Waiting list only)</i> | 10am-12noon | 15 weeks | 14/9/09 | £60 | £42 | Non accredited |
| Tuesday | PC Skills (Beginners) | 9.30am-12noon | 10 weeks | 15/9/09 | £15 | £15 | NOCN Entry L3 |
| | GCSE English | 9.30am-12noon | 30 weeks | 15/9/09 | £130 | £64 (Exam Fee £28) | GCSE |
| | Essential English Skills | 9.30am-11.30am | 30 weeks | 15/9/09 | FREE | FREE | CCEA EL3, L1,2,3 |
| | PC Skills (Beginners) | 1.30pm-4pm | 10 weeks | 15/9/09 | £15 | £15 | NOCN Entry L3 |
| Wednesday | MOS Word | 9.30am-12noon | 10 weeks | 23/9/09 | £35 | £35 | Microsoft Office Core Unit |
| | Intro to Women's Health | 10am-12noon | 10 weeks | 16/9/09 | FREE | FREE | OCN L1 |
| | Mixed Crafts | 1.30pm-3.30pm | 15 weeks | 16/9/09 | £60 | £42 | Non accredited |
| Thursday | OCR CLAIT | 9.30am-12noon | 18 weeks | 24/9/09 | £50 | £50 | OCR Certificate for IT Users |
| | GCSE Maths | 9.30am-12noon | 30 weeks | 17/9/09 | £100 | £50 (Exam Fee £28) | GCSE |
| | Essential Maths Skills | 9.30am-11.30am | 30 weeks | 17/9/09 | FREE | FREE | CCEA EL3, L1,2,3 |
| | Driving Theory | 6.30pm-8.30pm | 12 weeks | 17/9/09 | £50 | £35 | |
| | Public First Aid | 6.30pm-8.30pm | 10 weeks | 17/9/09 | £45 | £33 (Exam Fee £10) | Public First Aid Certificate |
| Friday | Essential ICT Skills | 9.30am-11.30am | 30 weeks | 18/9/09 | FREE | FREE | CCEA EL3, L1,2,3 |
| | Women Moving On | 10am-12noon | 15 weeks | 18/9/09 | £20 | £20 | NOCN L1 |
| | Beginners' Chair Yoga | 11.15am-12.15am | 7 weeks | 11/9/09 | £24.50 | £24.50 | Non accredited |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|---|---|---------------------|----------------------------------|----------------------------------|-----------|---------------------------|---|
| Falls Women's Centre Phone No: 028 9032 7672 * The Live and Learn Project is supported by the BIG Lottery Fund | | | | | | | |
| Monday | Steps to Empowerment | 10.00 am-12.00 noon | Consistent (10 week sessions) | July 2009/ January 2010* | N/A | N/A | (Soft outcome course) |
| | Beginners IT (Clait 1) | 10.00 am-12.00 noon | | September 2009 | N/A | N/A | OCR |
| Tuesday | Diploma in Therapeutic Counselling TC-L4 | 9.30 am - 4.30 pm | 2 year programme | September 2009 | N/A | N/A | CPCAB Diploma in Therapeutic Counselling |
| | Homeopathy | 1.00 pm-3.00 pm | (3 week workshop) | September 2009 | N/A | N/A | |
| | Enneagram | 7.00 pm-9.00 pm | Consistent (10 weeks) | July 2009 | N/A | N/A | (Soft outcome course) |
| Wednesday | Stress Management | 10.00 am-12.00 noon | (5 week sessions) | July 2009/ January* 2010 | N/A | N/A | (Soft outcome course) |
| | Beginners IT | 7.00 pm-9.00 pm | (6 Week session) | July 2009 | N/A | N/A | |
| | ECDL | 1.00 pm-3.00 pm | | September 2009 | N/A | N/A | ECDL Passport & Certificate |
| Thursday | Enterprise Programme | 9.30am - 12.30 pm | Consistent (10 week sessions) | September 2009 | N/A | N/A | NVQ L2 |
| | Conflict Resolution | 9.30 am- 12.30pm | | September 2009/ January 2010* | N/A | N/A | (Soft outcome course) |
| | Homeopathy | 1.00pm-3.00pm | (3 week workshop) | September 2009 | N/A | N/A | (Soft outcome course) |
| Friday | Essential Skills | 10.00 am-12.00 noon | | On-going | N/A | N/A | |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|---|--------------------------------------|--------------|----------|------------|-----------|---------------------------|-------------------|
| Footprints Women's Centre Phone No: 028 9092 3444 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | Confidence Building | 9.30-12.30pm | 12 weeks | 14/09/09 | Free | n/a | OCN L1 |
| | Time for Me/ Colour & Relaxation* | 1.00-3.00pm | 10 weeks | 14/09/09 | Free | n/a | Non Accredited |
| | Access Course | 6.00-9.00pm | 2 years | 14/09/09 | £405.00 | £200.00 (Exam fee £49) | QUB L3 |
| | Accounts & Bookkeeping | 6.15-8.45pm | 12 weeks | 14/09/09 | £10.00 | n/a | OCR L1 |
| | Sage Accounts Level 1 | 9.30-11.30am | 17 weeks | 14/09/09 | £20.00 | £20.00 | City & Guilds L1 |
| | GCSE English | 6.00-9.00pm | 35 weeks | 14/09/09 | £140.00 | £70.00 (Exam Fee £28) | CCEA L2 |
| Tuesday | Family Learning* | 9.30-11.30am | 4 weeks | 21/07/09 | Free | n/a | Non Accredited |
| | Community Development | 9.30-12.30pm | 18 weeks | 15/09/09 | £10.00 | n/a | OCN L2 |
| | Ceramics* | 1.00-3.00pm | 6 weeks | 15/09/09 | Free | n/a | Non Accredited |
| | Catering & Hospitality | 6.30-8.30pm | 12 weeks | 15/09/09 | £10.00 | n/a | Various |
| | Administration & Office Practice | 9.30-12.30pm | 12 weeks | 15/09/09 | £20.00 | n/a | OCR L1 & L2 |
| | Essential Skills Numeracy | 6.00-8.30pm | 20 weeks | 15/09/09 | Free | n/a | CCEA Entry 3 - L2 |
| | Sage Accounts Level 2 | 9.30-11.30am | 17 weeks | 15/09/09 | £20.00 | n/a | City & Guilds L2 |
| | CLAIT | 12.00-2.00pm | 20 weeks | 15/09/09 | £10.00 | n/a | OCR L1 |
| | Using a Digital Camera | 6.30-9.00pm | 6 weeks | 15/09/09 | £5.00 | n/a | OCR Entry Level |
| Wednesday | Family Learning* | 9.30-11.30am | 4 weeks | 22/07/09 | Free | n/a | Non Accredited |
| | Desk Top Publishing | 10.00-12.00 | 5 weeks | 08/07/09 | n/a | n/a | Non Accredited |
| | Driving Theory | 9.30-12.30pm | 6 weeks | 16/09/09 | £10.00 | n/a | Non Accredited |
| | Colour Me Beautiful* | 1.00-3.00pm | 10 weeks | 16/09/09 | Free | n/a | n/a |
| | Access Course | 6.00-9.00pm | 2 years | 16/09/09 | £405.00 | £200.00 (Exam Fee £49) | QUB L3 |
| | Essential Skills Literacy | 9.30-12.30pm | 18 weeks | 16/09/09 | Free | n/a | CCEA Entry 3 - L2 |
| | Essential Skills Literacy | 6.00-8.30pm | 20 weeks | 16/09/09 | Free | n/a | CCEA Entry 3 - L2 |
| | ECDL | 9.30-12.30pm | 30 weeks | 16/09/09 | £20.00 | n/a | BSC L2 |
| | Dance* | 6.00-8.00pm | 6 weeks | 17/09/09 | Free | n/a | n/a |
| Thursday | Using a Digital Camera | 10.00-12.00 | 4 weeks | 16/07/09 | Free | n/a | n/a |
| | Essential Skills Numeracy | 9.30-12.30pm | 18 weeks | 17/09/09 | Free | n/a | CCEA Entry 3 - L2 |
| | Creative Writing* | 1.00-3.00pm | 10 weeks | 17/09/09 | Free | n/a | Non accredited |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|----------|------------------------|--------------|----------|------------|-----------|---------------------------|------------------|
| Thursday | Administration Skills | 9.30-12.30 | 12 weeks | 17/09/09 | £20.00 | n/a | OCR L2 |
| (cont.) | DIY & Maintenance* | 6.00-8.00pm | 6 weeks | 17/09/09 | Free | n/a | Non accredited |
| | GCSE Maths | 6.00-9.00pm | 35 weeks | 17/09/09 | £105.00 | £55.00 | CCEA L2 |
| Friday | ILM L2 Team Leadership | 9.30-12.30pm | 14 weeks | 18/09/09 | £20.00 | n/a | ILM L2 |
| | Stress Management* | 9.30-12.00pm | 10 weeks | 18/09/09 | Free | n/a | OCN Entry Level |
| | Sage Payroll | 9.30-12.30pm | 17 weeks | 18/09/09 | £20.00 | n/a | City & Guilds L2 |
| | | | | | | (Exam Fee Included) | |
| | ICT | 9.30-12.30pm | 12 weeks | 18/09/09 | TBC | n/a | TBC |

Greenway Women's Centre

Phone No: 028 9079 9912

* These courses are part of the Live and Learn Project funded by the Big Lottery Fund.

| | | | | | | | |
|-----------|-----------------------------------|-----------------|----------|----------|------|---------------------|-----------------|
| Monday | British Sign Language | 10am - 12pm | 30 weeks | 14/09/09 | £144 | £144 (Exam Fee £44) | NQF Level 1 |
| | Word Processing OCR Level 1 | 10am - 12pm | 17 weeks | 14/09/09 | £58 | £58 (Exam Fee £14) | OCR Level 1 |
| | Word Processing OCR Level 2 | 10am - 12pm | 17 weeks | 14/09/09 | £60 | £60 (Exam Fee £16) | OCR Level 2 |
| | Word Processing OCR Level 3 | 10am - 12pm | 17 weeks | 14/09/09 | £62 | £62 (Exam Fee £18) | OCR Level 3 |
| Tuesday | Chair Yoga* (Intermediary) | 10am - 11am | 7 weeks | 08/09/09 | FREE | FREE | N/A |
| | Computers for Fun (Intermediary) | 10am - 12pm | 15 weeks | 15/09/09 | £60 | £60 | N/A |
| | Chair Yoga* (Beginners) | 11:15am-12:15pm | 7 weeks | 08/09/09 | FREE | FREE | N/A |
| | Computers for Fun (Beginners) | 12:30 - 2:30pm | 15 weeks | 15/09/09 | £60 | £60 | N/A |
| Wednesday | Keyboarding Skills (Intermediary) | 10am - 12pm | 15 weeks | 16/09/09 | £66 | £66 (Exam Fee £14) | NQF Level 1 |
| | Flower Arranging | 10am - 12pm | 15 weeks | 16/09/09 | £60 | £60 | N/A |
| | Genealogy | 10am - 12pm | 15 weeks | 16/09/09 | £60 | £60 | N/A |
| | Introduction to Email (Beginners) | 12:30 - 2:30pm | 15 weeks | 16/09/09 | £67 | £67 (Exam Fee £15) | NQF Entry Level |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|----------|---------------------------------------|---------------|----------|------------|-----------|---------------------------|-----------------|
| Thursday | Aromatherapy | 10am - 12pm | 17 weeks | 17/09/09 | £71 | £71 (Exam Fee £21) | NQF Level 1 |
| | Mind Body Spirit* | 10am - 12pm | 10 weeks | 17/09/09 | FREE | FREE | N/A |
| | From Learning to Earning | 10am - 1pm | 15 weeks | 10/09/09 | FREE | FREE | OCN Level II |
| Friday | Health Coaching* (1 hour sessions) | 9:30am - 3pm | 6 weeks | 18/09/09 | FREE | FREE | N/A |
| | Introduction to Meditation* | 10am -11:30am | 6 weeks | 18/09/09 | FREE | FREE | N/A |
| | Write Here Write Now* | 10am - 12pm | 6 weeks | 18/09/09 | FREE | FREE | N/A |
| | Introduction to Email (Beginners) | 10am - 12pm | 15 weeks | 18/09/09 | £67 | £67 (Exam Fee £15) | NQF Entry Level |

Shankill Women's Centre

Phone No: 028 9024 0642

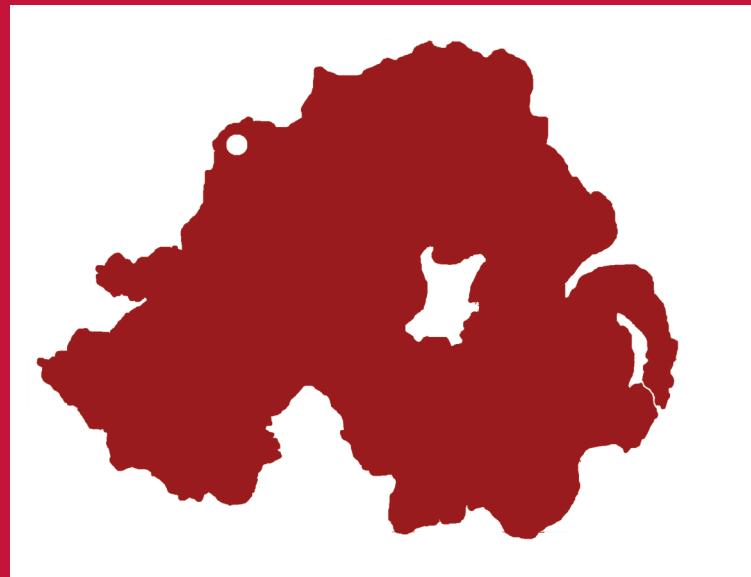
* These courses are part of the Live and Learn Project funded by the Big Lottery Fund.

| | | | | | | | |
|---------------|-----------------------------|-------------|-----------|-------------|-----------|-----------------------------|---------------|
| Monday | Humanities & Social Science | 10.00-1.00 | 1 Year | Mid Sept 09 | Not known | Not known | Access Course |
| | Epilogues | 10.00-1.00 | 12 Weeks | Mid Sept 09 | Free | Free | OCN |
| | Internet & E mail | 10.00-12.00 | 6 Weeks | Mid Sept 09 | Free | Free | |
| | Driving Theory | 10.00-12.00 | 10 Weeks | Mid Sept 09 | Free | Free | |
| | MOS Word | 10.00-12.00 | 12 Weeks | Mid Sept 09 | Free | Free | Microsoft |
| | Ceramics Painting* | 1.00-3.00 | 30 Weeks | Mid Sept 09 | Free | Free | |
| | Afterschools Drop-in | 3.00-5.00pm | Term time | Sept 09 | Free | Free | |
| | The Monday Night Project | 6.00-9.00pm | Term time | Sept 09 | Free | Free | |
| Tuesday | GCSE Math's | 10.00-12.30 | 30 Weeks | Mid Sept 09 | Free | Free | GCSE |
| | GCSE Math's | 6.00-8.30 | 30 Weeks | Mid Sept 09 | Free | Free | GCSE |
| | Slimming World | 9.30-11.30 | On going | Mid Sept 09 | £4.50 p/w | £4.25 p/w (£10 joining fee) | N/A |
| | Sage Accounts | 10.00-12.30 | 15 Weeks | Mid Sept 09 | Free | Free | Pitmans |
| | GCSE IT | 2.00-3.30 | 30 Weeks | Mid Sept 09 | Free | Free | OCR |
| | ECDL | 5.30-7.30 | 30 Weeks | Mid Sept 09 | Free | Free | ECDL |
| | GCSE English | 6.00-8.30 | 30 Weeks | Mid Sept 09 | Free | Free | GCSE |
| | Pilates | 11.00-12.30 | 12 Weeks | Mid Sept 09 | Free | Free | |
| | Arts and Crafts* | 1.00-3.00 | 30 Weeks | Mid Sept 09 | Free | Free | |
| Homework Club | 3.00pm-5.00pm | Term time | Sept 09 | Free | Free | | |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|-----------|---|--------------|-----------|-------------|-----------|---------------------------|----------------|
| Wednesday | Essential English | 10.00-12.00 | 30 Weeks | Mid Sept 09 | Free | Free | Various Levels |
| | Word Processing | 10.00-12.00 | 15 Weeks | Mid Sept 09 | Free | Free | OCR |
| | Sign Language | 10.00-12.00 | 30 Weeks | Mid Sept 09 | Free | Free | Level 1 |
| | Path ways to work | 10.00-1.00 | 16 Weeks | Mid Sept 09 | Free | Free | OCN 2 |
| | Basic Computers | 1.00-3.00 | 10 Weeks | Mid Sept 09 | Free | Free | OCN |
| | Shared History (study visits) | 9.30-4.00 | 8 Weeks | Mid Sept 09 | Free | Free | |
| | Leaders for Transformation | 1.00-3.00 | 15 Weeks | Mid Sept 09 | Free | Free | |
| | Developing Personal Confidence and Self-Awareness | 10.00-12.30 | 12 Weeks | Mid Sept 09 | Free | Free | OCN 1 |
| | Chair-based Activity and Weight Management | 1.00-3.00 | 30 Weeks | Mid Sept 09 | Free | Free | |
| | Afterschools Drop-in | 3.00-5.00pm | Term time | Sept 09 | Free | Free | |
| | Choices group | 6.00-.9.00pm | Term-time | Sept 09 | Free | Free | |
| | New group | 6.00-9.00pm | Term-time | Sept 09 | Free | Free | |
| Thursday | Humanities & Social Science | 10.00-1.00 | 1 Year | Mid Sept 09 | Not known | Not known | Access course |
| | GCSE English | 10.00-12.30 | 30 Weeks | Mid Sept 09 | Free | Free | GCSE |
| | Learning 2 Earning | 10.00-12.30 | 18 Weeks | Mid Sept 09 | Free | Free | OCN |
| | Customer Service | 10.00-12.30 | 10 Weeks | Mid Sept 09 | Free | Free | |
| | Walking Group | 9.45-12.00 | 6 Weeks | Mid Sept 09 | Free | Free | |
| | Dancercise | 11.00-12.00 | 12 Weeks | Nov 09 | Free | Free | |
| | Crochet* | 1.00-3.00 | 30 Weeks | Mid Sept 09 | Free | Free | |
| | Homework Club | 3.00-5.00pm | Term-time | Sept 09 | Free | Free | |
| | Teen Time | 6.00-9.00pm | Term-time | Sept 09 | Free | Free | |
| Friday | Beauty Therapy | 10.00-12.00 | 15 Weeks | Mid Sept 09 | Free | Free | CCEA |
| | Essential Math's | 10.00-12.00 | 30 Weeks | Mid Sept 09 | Free | Free | Various levels |
| | GCSE History | 10.00-12.30 | 30 Weeks | Mid Sept 09 | Free | Free | GCSE |
| | Youth Drop-in | 7.00-10.00pm | Term-time | Sept 09 | Free | Free | |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|--|------------|----------|------------|-----------|---------------------------|----------------------------|
| Windsor Women's Centre Phone No: 028 9023 5451 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | ESOL Pre-intermediate | 10-12 | 30 Wks | 07/09/09 | £50.00 | £25.00 (Exam Fee £44) | |
| | Clait 1 unit OCR | 10-12 | 15 Wks | 14/09/09 | £52.00 | £26.00 (Exam Fee £15) | Contact centre for details |
| | Diploma in Reflexology | 9.30-12.30 | 30 Wks | 21/09/09 | Free | | VTCT Diploma |
| | Counselling level 2 (award in listening skills) | 9.30-12.00 | 6 Wks | 21/09/09 | Free | | Level 2 Award |
| Tuesday | ESOL for beginners | 10-12 | 30 Wks | 08/09/09 | | | |
| | Level 2 Certificate in Counselling Skills | 9.30-12.30 | 30 Wks | 22/09/09 | Free | | Level 2 Certificate |
| | Yoga | 2.30-4.00 | 15 Wks | 15/09/09 | £45.00 | £32.00 | N/A |
| | Golden Girls/ Darby Group Health Club* | 11.00-1.00 | 15 Wks | 29/09/09 | Free | | N/A |
| | | | | | | | |
| Wednesday | ESOL Mixed Ability Higher | 10-12 | 30 Wks | 09/09/09 | £50.00 | £25.00 (Exam Fee £56) | |
| | Computers 1 Unit (intro) | 10-12 | 15 Wks | 16/09/09 | £52.00 | £26.00 (Exam Fee £15) | Contact Centre for details |
| | GCSE Maths | 9.30-12.30 | 30 Wks | 09/09/09 | £100.00 | £50.00 (Exam Fee £28) | GCSE General Certificate |
| Thursday | CPCAB Diploma in Therapeutic Counselling (Year 2) | 9.30-3.30 | 36 Wks | 17/09/09 | Free | | CPCAB Diploma |
| | GCSE English | 9.30-12.00 | 30 Wks | 17/09/09 | £130.00 | £64.00 (Exam Fee £28) | GCSE General Certificate |
| | Crafts/Sewing | 2.00-4.00 | 30 Wks | 17/09/09 | Free | | N/A |
| | Essential Skills | 10-12 | 30 Wks | 17/09/09 | Free | | Contact Centre for details |
| Friday | ECDL Computers | 10-12 | 34 Weeks | 18/09/09 | £130.00 | £65.00 | |
| | Art* | 10-12 | | 09/10/09 | Free | | N/A |
| | WAVE (Grief Trauma & Helping relationships) | 9.30-12.30 | 10 Wks | 02/10/09 | Free | | Level 2 Credits 6 |

North West



Strathfoyle Women's Centre schedule
Waterside Women's Centre schedule
The Women's Centre, Derry schedule



Strathfoyle Women's Centre

Contact Name:

Lorna Porter or Deirdre O'Hara

Address:

12 Bawnmore Place, Strathfoyle, Derry,
BT47 6XP

Phone:

028 7186 0733

Contact email:

strathfoylewomenscentre@hotmail.co.uk

Web site:

www.strathfoylewomenscentre.org

Creche Facilities? Yes



Waterside Women's Centre

Contact Name:

Geraldine Compton

Address:

170 Spencer Road, Derry BT47 6AH

Phone:

028 7134 1579

Contact email:

info@watersidewomen.net

Web site:

www.watersidewomen.net

Creche Facilities? Yes



The Women's Centre
ACCESS EMPOWERMENT ENABLEMENT

The Women's Centre, Derry

Contact Name:

Dee Wykes

Address:

5 Guildhall Street, Derry BT48 6BB

Phone:

028 7126 7672

Contact email:

deewykes@womenscentre.co.uk

Web site: www.thewomenscentre.co.uk

Creche Facilities? Yes



| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|----------------------------------|----------------|----------|------------|-----------|---------------------------|----------------|
| Strathfoyle Women's Centre Phone No: 028 7186 0733 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | Stay & Play | 10.00-11.30am | 32 weeks | 21/09/09 | £1 P/W | £1 P/W | |
| | Stay & Play | 12.00-1.30pm | 32 weeks | 21/09/09 | £1 P/W | £1 P/W | |
| | Positive Ageing Program | 2-4pm | 42 weeks | 21/09/09 | FREE | FREE | |
| Tuesday | Home Comforts & Curtain Making | 9.30-11.30am | 32 weeks | 22/09/09 | TBA | TBA | |
| | Start IT with Internet & Email | 9.30-11.30am | 30 weeks | 22/09/09 | TBA | TBA | YES |
| | Spanish for Holidays | 9.30-11.30 am | 30 weeks | 22/09/09 | TBA | TBA | |
| | RSA Stage 1&2 in Text processing | 1-3pm | 30 weeks | 22/09/09 | TBA | TBA | YES |
| | Creative Crafts* | 1-3pm | 30 weeks | 22/09/09 | FREE | FREE | |
| | Essential Skills Numeracy | 1-3pm | 30 weeks | 22/09/09 | FREE | FREE | YES |
| | New Clait | 7-9pm | 30 weeks | 22/09/09 | TBA | TBA | YES |
| Wednesday | Floral Art | 9.30-11.30am | 30 weeks | 23/09/09 | TBA | TBA | |
| | The Mammy Program* | 9.30-11.30am | 30 weeks | 23/09/09 | FREE | FREE | |
| | Positive Ageing Program* | 1-3pm | 30 weeks | 23/09/09 | TBA | TBA | |
| | Careers Advice | 1-4.30pm | All year | 23/09/09 | FREE | FREE | |
| | GCSE English | 7-9pm | 32 weeks | 23/09/09 | TBA | TBA | YES |
| | VTCT L3 Diploma in Reflexology | 5.30-9.30pm | 30 weeks | 23/09/09 | TBA | TBA | YES |
| | Start IT | 7-9pm | 30 weeks | 23/09/09 | TBA | TBA | YES |
| Thursday | VTCT L3 Cert in Body Massage | 9.30am-1.30pm | 30 weeks | 24/09/09 | TBA | TBA | YES |
| | JO Jingles music & Movement | 9.45 - 10.45am | 30 weeks | 24/09/09 | £2 P/W | £2 P/W | |
| | Listening Ear | 10.00am-1.00pm | 43 weeks | 24/09/09 | FREE | FREE | |
| | GCSE Math's | 7-9pm | 32 weeks | 24/09/09 | TBA | TBA | YES |
| | Essential Skills Numeracy | 7-9pm | 30 weeks | 24/09/09 | FREE | FREE | YES |
| Friday | Baby Massage | 9.30-11.30am | 15 weeks | 25/09/09 | TBA | TBA | |
| | Weight Management* | 9.30-11.30am | 42 weeks | 25/09/09 | FREE | FREE | |
| | Yoga* | 9.30 - 11.30am | 30 weeks | 25/09/09 | FREE | FREE | |



| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|--|--------------|----------|------------|-----------|---------------------------|---------------------------|
| Waterside Women's Centre Phone No: 028 7134 1579 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | Watercolours | 9.30-11.30am | 30 weeks | 21/09/2009 | £60 | £30 | |
| | CLAIT Top up (2 units) | 9.30-11.30am | 15 weeks | 21/09/2009 | £30 | £20 | |
| | NVQ L2 Children's Care, Learning and Development | 9.30-12.30pm | 34 weeks | 21/09/2009 | £765 | £155 | Level 2 |
| | NVQ L3 Children's Care, Learning and Development | 9.30-12.30pm | 34 weeks | 21/09/2009 | £865 | £175 | Level 3 |
| | OCR Word Text Processing Stage 2 | 12.30-2.30pm | 30 weeks | 21/09/2009 | £60 | £30 | Level 1 |
| | Connections Project | 12.30-2.30pm | 20 weeks | 21/09/2009 | £20 | £20 | |
| | Yoga* | 6 - 7.30pm | 12 weeks | 21/09/2009 | FREE | FREE | |
| | Dressmaking | 7.30-9.30pm | 30 weeks | 21/09/2009 | £60 | £30 | |
| | OCR Word Text Processing Stage 2 | 7.30-9.30pm | 30 weeks | 21/09/2009 | £60 | £30 | Level 1 |
| Tuesday | Essential Skills Literacy | 9.30-11.30am | 28 weeks | 22/09/2009 | FREE | FREE | Entry Level & Level 1 & 2 |
| | Exploring Enterprise | 9.30-11.30am | 12 weeks | 22/09/2009 | £20 | £20 | |
| | C&G Start IT | 9.30-11.30am | 15 weeks | 22/09/2009 | £30 | £20 | |
| | Skills to Build | 10 - 12 noon | 12 weeks | 22/09/2009 | £20 | £20 | |
| | Tai Chi* | 10-11.30am | 12 weeks | 22/09/2009 | FREE | FREE | |
| | Learning to Swim* | 12.30-1.30pm | 10 weeks | 22/09/2009 | FREE | FREE | |
| | Aromatherapy | 12.30-2.30pm | 10 weeks | 22/09/2009 | £20 | £20 | |
| | OCR Word Text Processing Stage 3 | 7.30-9.30pm | 30 weeks | 22/09/2009 | £60 | £30 | |
| Wednesday | Cook It | 9.30-11.30am | 10 weeks | 23/09/2009 | £30 | £20 | |
| | Essential Skills Numeracy | 9.30-11.30am | 28 weeks | 23/09/2009 | FREE | FREE | Entry Level & Level 1 & 2 |
| Wednesday & Friday | CLAIT Diploma | 9.30-11.30am | 23 weeks | 23/09/2009 | £90 | £30 | |
| Wednesday | Gentle Aerobics* | 12.30-1.30pm | 10 weeks | 23/09/2009 | FREE | FREE | |
| | Patchwork and Quilting | 12.30-2.30pm | 30 weeks | 23/09/2009 | £60 | £30 | |
| | Digital Photography | 12.30-2.30pm | 10 weeks | 23/09/2009 | £20 | £20 | |
| | "Who do you think you are?" | 7.30-9.30pm | 10 weeks | 23/09/2009 | £20 | £20 | |
| | Cook It | 9.30-11.30am | 10 weeks | 20/01/2010 | £20 | £20 | |
| | Cook It | 9.30-11.30am | 10 weeks | 21/04/2010 | £20 | £20 | |

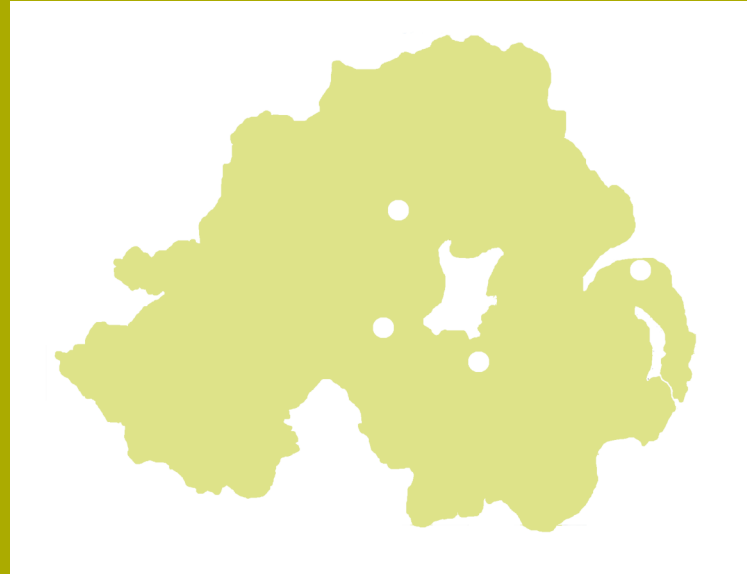
| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|----------|---------------------------|--------------|----------|------------|-----------|---------------------------|-------------------|
| Thursday | Level 2 Food Safety | 12.30-1.30pm | 6 weeks | 24/09/2009 | £20 | £20 | TBC |
| | C&G Start IT | 12.30-2.30pm | 15 weeks | 24/09/2009 | £30 | £20 | TBC |
| | Flower Arranging | 12.30-2.30pm | 10 weeks | 24/09/2009 | £20 | £20 | |
| | IAB Manual Book-keeping | 7.30-9.30pm | 30 weeks | 24/09/2009 | £60 | £30 | Level 1 |
| | Oil Painting | 9.30-11.30am | 30 weeks | 24/09/2009 | £60 | £30 | |
| | C&G Computerised Accounts | 9.30-11.30am | 30 weeks | 24/09/2009 | £60 | £30 | Level 1 & Level 2 |
| Friday | Appliqué | 9.30-11.30am | 12 weeks | 25/09/2009 | £20 | £20 | |
| | Aqua Aerobics* | 9.30-11.30am | 10 weeks | 25/09/2009 | FREE | FREE | |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|---|--|--------------|-------------|------------|-----------|---------------------------|---|
| The Women's Centre, Derry Phone No: 028 7126 7672 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | Arts & Crafts | 09:30-11:30 | 30 weeks | 28/09/09 | £60 | £30 | OCN Level 1 |
| | Microsoft Office 2007 | 09:30-11:30 | 15 weeks | 28/09/09 | £30 | £20 | Non Accredited |
| | IPOD | 09:30-11:30 | 30 weeks | 28/05/09 | FREE | FREE | |
| | English for Speakers of other Languages (ESOL) | 09:30-11:30 | 30 weeks | 28/09/09 | £60 | £30 | City & Guilds |
| | Digital Photography (OCN) | 09:30-11:30 | 20 weeks | 28/09/09 | £40 | £20 | OCN Level 1 |
| | Counselling - Introduction to | 09:30-11:30 | 25 weeks | 28/09/09 | £50 | £30 | Level 2 Certificate in Introduction to Counselling Skills (ICSK-L2) |
| | Learn for Life Programme (BLF)* | 14:30-16:30 | 30 weeks | 28/09/09 | FREE | FREE | |
| | Essential Skills -Literacy | 09:30-11:30 | 30 weeks | 28/09/09 | FREE | FREE | CCEA Literacy |
| | Spanish -Conversational | 12:00-14:00 | 30 weeks | 28/09/09 | £60 | £30 | OCN Level 1 Certificate |
| | Tuesday | Maths - GCSE | 09:30-12:00 | 32 weeks | 29/09/09 | £80 | £30 |
| Childcare -NVQ Level 2 | | 09:30-12:30 | 30 weeks | 29/09/09 | | | NVQ Level 2 in Childcare |
| IPOD | | 09:30-11:30 | 10 weeks | 29/09/09 | FREE | FREE | T.B.A |
| Multicultural Crafting English | | 09:30-11:30 | 30 weeks | 29/09/09 | FREE | FREE | |
| Multicultural Women's Programme | | 09:30-11:30 | 30 weeks | 29/09/09 | FREE | FREE | |
| Payroll - IAB Level 1 | | 09:00-11:00 | 30 weeks | 29/09/09 | £60 | £30 | IAB Level 1 Certificate in Payroll |
| ICT- Level 1 | | 09:30-11:30 | 30 weeks | 29/09/09 | £60 | £30 | |
| Essential Skills Literacy | | 09:30-11:30 | 30 weeks | 29/09/09 | FREE | FREE | CCEA Literacy |
| CATC - Child At The Centre Programme | | 12:30-14:30 | 30 weeks | 29/09/09 | FREE | FREE | Various |
| Women on the Web - City & Guilds | | 12:30-14:30 | 30 weeks | 29/09/09 | £60 | £30 | City & Guilds 7266 |
| SAM Programme | | 12.00-16.00 | 30 weeks | 29/09/09 | FREE | FREE | Various |
| First Aid -EFA Services Certificate | | 12:30-14:30 | 12 weeks | 29/09/09 | £30 | £20 | Emergency First Aid Services Certificate |
| Essential Skills Numeracy | | 12.30-14.30 | 30 weeks | 29/09/09 | FREE | FREE | CCEA Numeracy |
| Learn for Life Programme (BLF)* | 14:30-16:30 | 30 weeks | 29/09/09 | FREE | FREE | | |
| Wednesday | Counselling - CPCAB Level 4 Diploma | 09.30-16.30 | 30 weeks | 30/09/09 | TBA | TBA | CPCAB Level 4 Diploma |
| | Garment Making | 09.30-11.30 | 30 weeks | 30/09/09 | £60 | £30 | OCN Level 1 |

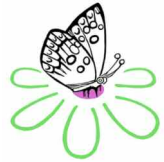
| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|----------------------|---|-------------|----------|------------|-----------|---------------------------|--|
| Wednesday (cont.) | Women Studies - YR1 | 09:30-16:30 | 30 weeks | 30/09/09 | £245 | £50 | UU Foundation Cert in Combined Studies |
| | English - GCSE | 09.30-12.00 | 30 weeks | 30/09/09 | £80 | £30 | GCSE English |
| | Book-keeping - IAB Level 1 | 09.30-11.30 | 30 weeks | 30/09/09 | £60 | £30 | IAB Level 1 Cert in Book-keeping |
| | Essential Skills Literacy | 09:30-11:30 | 30 weeks | 30/09/09 | FREE | FREE | CCEA Literacy |
| | Start I.T Email & Internet | 09:30-11:30 | 30 weeks | 30/09/09 | £60 | £30 | City & Guilds Level 1 |
| | CATC - Child at the Centre Programme | 12.30-14.30 | 30 weeks | 30/09/09 | FREE | FREE | Various |
| | Essential Skills Numeracy | 12.30-14.30 | 30 weeks | 30/09/09 | FREE | FREE | CCEA Numeracy |
| | ICT- Level 1 | 12:30-14:30 | 30 weeks | 30/09/09 | £60 | £30 | |
| | Learn for Life Programme(BLF)* | 14:30-16:30 | 30 weeks | 30/09/09 | FREE | FREE | |
| Thursday | Counselling -CPCAB Level 3 | 09:30-12:30 | 30 weeks | 01/10/09 | TBA | TBA | CPCAB Level 3 Certificate |
| | Multicultural Summer Programme | 09:30-11:30 | 8 weeks | 25/06/09 | FREE | FREE | |
| | Multicultural Crafting English Summer Programme | 09:30-11:30 | 8 weeks | 25/06/09 | FREE | FREE | |
| | Art - Create Your Own Sculpture | 09.30-11.30 | 10 weeks | 01/10/09 | T.B.A. | T.B.A. | Non Accredited |
| | Computerised Accounts IAB Level 3 Certificate | 09.30-12.30 | 30 weeks | 01/10/09 | £60 | £30 | Level 1 |
| | IPOD | 09.30-11.30 | 30 weeks | 01/10/09 | FREE | FREE | Non Accredited |
| | Women's Studies - Yr 2 | 09.30-16.30 | 30 weeks | 01/10/09 | £245 | £50 | UU Diploma in Combined Studies |
| | Essential Skills Literacy | 09:30-11:30 | 30 weeks | 01/10/09 | FREE | FREE | CCEA Literacy |
| | CLAIT | 09:30-11:30 | 30 weeks | 01/10/09 | £60 | £30 | CLAIT Certificate |
| | WHO ME -Rights Racism & Equality | 12.30-14.30 | 10 weeks | 01/10/09 | | | |
| | CATC - Child at the Centre Programme | 12:30-14:30 | 30 weeks | 01/10/09 | FREE | FREE | Various |
| | Start I.T Email & Internet | 12:30-14:30 | 30 weeks | 01/10/09 | £60 | £30 | City & Guilds Level 1 |
| | Essential Skills Numeracy | 12:30-14:30 | 30 weeks | 01/10/09 | FREE | FREE | CCEA Numeracy |
| | Exploring Enterprise | 12:30-14:30 | 15 weeks | 01/10/09 | FREE | FREE | CCEA Level 2 |
| | Learning to Cycle | 12:30-14:30 | 6 weeks | 01/10/09 | | | |
| | Learn for Life Programme (BLF)* | 14:30-16:30 | 30 weeks | 01/09/09 | FREE | FREE | |
| Friday | Counselling CPCAB Level 2 | 09:30-12:30 | 30 weeks | 02/10/09 | T.B.A. | T.B.A. | CPCAB Level 2 Certificate |
| | IPOD | 09:30-11:30 | 30 weeks | 02/10/09 | FREE | FREE | Non Accredited |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|---------|--|-------------|----------|------------|-----------|---------------------------|---|
| Friday | British Sign Language Stage 1 | 09:30-11:30 | 30 weeks | 02/10/09 | £60 | £30 | British Sign Language Level 1 |
| (cont.) | Computerised Payroll - IAB Level 2 Certificate | 09:30-12:30 | 30 weeks | 02/10/09 | £60 | £30 | Certificate in Computerised Payroll Level 2 |
| | First Certificate in Health & Social Care | 09:30-11:30 | 30 weeks | 02/10/09 | £60 | £20 | NVQ Level 2 Certificate |
| | Essential Skills Literacy | 09:30-11:30 | 30 weeks | 02/10/09 | FREE | FREE | CCEA Literacy |
| | ICT Level 1 | 09:30-11:30 | 30 weeks | 02/10/09 | £60 | £30 | T.B.A |
| | Substance Misuse Level 2 | 09:30-11:30 | 20 weeks | 02/10/09 | TBA | TBA | Level 2 Certificate |
| | CATC -Child at the Centre AQUA | 09:30-11:30 | 30 weeks | 02/10/09 | FREE | FREE | Various |
| | Creative Writing | 12.30-14.30 | 30 weeks | Feb 2010 | £60 | £30 | Non Accredited |
| | Numeracy Basic (I.T) | 12.30-14.30 | 30 weeks | 02/10/09 | £30 | £20 | OCN Entry Level 3 |
| | Demystifying the Legal System | 12.30-14.30 | 10 weeks | 02/10/09 | £100 | £100 | T.B.A |
| | Driving Theory | 12.30-14.30 | 15 weeks | 02/10/09 | £30 | £20 | Non Accredited |
| | Learn for Life Programme (BLF)* | 14.00-16.00 | 30 weeks | 02/10/09 | FREE | FREE | |
| | IPOD Summer Programme | T.B.A | | 02/10/09 | FREE | FREE | |
| | CATC Summer Programme | T.B.A | | 02/10/09 | FREE | FREE | |

Other Groups



Chrysalis Women's Centre, Craigavon schedule
First Steps Women's Centre, Dungannon schedule
The Learning Lodge schedule
Kilcooley Women's Centre schedule



Chrysalis Women's Centre

Contact Name:

Theresa Watson

Address:

520 Burnside, Brownlow, Craigavon

Phone No:

028 3834 1846

Contact email:

chrysaliscentre@btconnect.com

Creche Facilities? Yes



First Steps Womens Centre

First Steps Women's Centre

Contact Name:

Joan McCool or Yvonne Corbett

Address:

21a William Street, Dungannon,
Co.Tyrone, BT70 1DX

Phone No:

028 8772 7648

Email:

thewomenscentre@gmail.com

Web Site:

www.southtyronewomenscentre.org

Creche Facilities? Yes



The Learning Lodge

Contact Name:

Maira McLaughlin

Address:

27-29 Moneymore Road, Magherafelt

Phone No:

028 7930 1601

Contact email:

thelearninglodge@yahoo.co.uk

Web site:

www.thelearninglodge.co.uk

Creche Facilities? Yes



Kilcooley Women's Centre

Contact Name:

Carol Savage

Address:

Kilcooley Primary School, Ganaway Avenue,
Bangor, County Down, BT19 1QS

Phone No:

028 9147 8292

Email:

carol@kilcooleywomenscentre.co.uk

Web site:

www.kilcooleywomenscentre.co.uk

Creche Facilities: Yes

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|---|------------------|----------|------------|--------------------------------|---------------------------|---|
| Chrysalis Women's Centre Phone No: 028 3834 1846 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | Sage Accounts | 10.00am-1.00pm | Ongoing | 07/09/09 | TBA | TBA | AIB Level 2 |
| | Young Women's Programme | 7.00pm - 9.00pm | Ongoing | 07/09/09 | Free | | |
| | Keep Fit (Walking Programme) | 7.00pm - 9.00pm | Ongoing | 07/09/09 | Free | | |
| | Basic Food Hygiene | 10.00am- 12.30pm | 6 weeks | 07/09/09 | Free | | Certificate |
| | Basic Food Hygiene | 10.00am- 12.30pm | 6 weeks | 11/01/10 | Free | | |
| Tuesday | OCR Word Processing | 10.00am-1.00pm | Ongoing | 08/09/09 | TBA | TBA | Levels 1 - 3 /Diploma |
| | Arts & Crafts (Various) | 7.00pm - 9.00pm | 34 weeks | 08/09/09 | £3.00 per class | N/A | N/A |
| | Gardening (Dig it and Eat it) | 10.00am- 1.00pm | 24 weeks | 12/01/10 | Free | | |
| | Polish Women's Programme | 10.00am - 1.00pm | Ongoing | 08/09/09 | Free | | |
| | Young Women's Programme | 7.00pm - 9.00pm | Ongoing | | Free | | |
| Wednesday | CLAIT Plus | 10.00am - 1.00pm | Ongoing | 09/09/09 | TBA | TBA | N/A |
| | Essential Skills (Literacy & Numeracy) | 10.00am - 1.00pm | 34 weeks | 09/09/09 | Free | | Levels 1 & 2 |
| | Young Women's Programme | 7.00pm - 9.00pm | Ongoing | | Free | | |
| | Keep Fit (Exercise Programme) | 7.00pm - 9.00pm | Ongoing | | Free | | |
| | Certificate in First Aid | 7.00pm - 9.00pm | 12 weeks | 13/01/10 | £45.00 | | Certificate |
| Thursday | Cooking for Health | 10.00am - 1.00pm | Ongoing | 10/09/09 | £3.00 per session (incl meals) | N/A | |
| | Essential Skills | 10.00am - 1.00pm | 34 weeks | 10/09/09 | Free | | Entry levels 1, 2 & 3 |
| | ICT for Beginners | 10.00am - 1.00pm | Ongoing | 10/09/09 | Free | | |
| | ESOL (Beginners) | 10.00am - 1.00pm | Ongoing | 10/09/09 | Free | | |
| | Enneagram* (Introductory Course) | 7.00pm - 9.00pm | 10 weeks | 14/01/10 | Free | | |
| Friday | Essential Skills (ICT) | 10.00am - 1.00pm | Ongoing | 11/09/09 | Free | | Entry levels 1, 2 & 3 and Levels 1 & 2 |
| | Women's Health Programme | 10.00am - 1.00pm | Ongoing | 11/09/09 | Free | | |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|---|-----------------------|-------------------|----------|------------|-----------|---------------------------|---|
| First Steps Women's Centre Phone No: 028 8772 7648 * The Live and Learn Project is supported by the BIG Lottery Fund | | | | | | | |
| Monday | ESSENTIAL SKILLS | 10.00 am-2.00 pm | 30 Weeks | 14/09/09 | N/A | N/A | CCEA Entry Levels, L1&2 |
| | ECDL | 10.00am-12.00 pm | 30 Weeks | 14/09/09 | N/A | N/A | European Computer Driving Licence |
| | WEA 50+ Mixed Crafts | 10.00am-12.00 pm | 10 weeks | 05/10/09 | TBC | TBC | Recreational Course |
| | Advanced ECDL | 1.00 pm-3.00 | 32 Weeks | 14/09/09 | N/A | N/A | ECDL Part 2 |
| Tuesday | GCSE English | 10.00 am-12.30 pm | 30 Weeks | 15/09/09 | N/A | N/A | GCSE English |
| | Beginner's IT | 10.00am-12.00 pm | 12 Weeks | 15/09/09 | N/A | N/A | OCR Entry Level Certificate ICT (Level 3) |
| | CLAIT Certificate | 12.30pm-2.30 pm | 14 Weeks | 15/09/09 | N/A | N/A | OCR Level 1 Certificate for IT Users |
| | Sage 1 | 10.00 am-12.00 pm | 14 Weeks | 15/09/09 | N/A | N/A | OCR Level 1 Certificate in Bookkeeping |
| | Sage 2 | 12.30 pm-2.30 | 15 Weeks | 15/09/09 | N/A | N/A | OCR Level 2 Certificate in Accounting |
| Wednesday | ESSENTIAL SKILLS | 10.00 am-2.00 pm | 30 Weeks | 16/09/09 | N/A | N/A | CCEA Entry Levels, L1&2 |
| | Web Design 1 | 10.00 am-2.00 pm | 15 Weeks | 16/09/09 | N/A | N/A | OCR Level 1 Certificate for IT Users |
| | GCSE Mathematics | 10.00 am-12.30 pm | 30 weeks | 16/09/09 | N/A | N/A | GCSE Mathematics |
| | Women Progressing | 10.00 am-2.00 pm | 10 Weeks | 16/09/09 | N/A | N/A | Key Skills Level 2 |
| Thursday | ESOL | 10.00 am-12.00 pm | 30 Weeks | 17/09/09 | N/A | N/A | City & Guilds Various levels |
| | Digital Photography | 10.00 am-12.00 pm | 6 weeks | 24/09/09 | N/A | N/A | N/A |
| | Digital Photography 2 | 12.30 pm-2.30 pm | 6 weeks | 24/09/09 | N/A | N/A | TBC |
| | CLAIT Top Up | 10.00 am-12.00 pm | 10 weeks | 17/09/09 | N/A | N/A | OCR Level 1 Certificate for IT Users |
| | CLAIT Diploma | 12.30 pm-2.30 pm | 30 Weeks | 17/09/09 | N/A | N/A | OCR Level 2 Certificate for IT Users |
| | Women Progressing | 10.00 am-2.00 pm | 10 Weeks | 16/09/09 | N/A | N/A | Key Skills L2 |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|-----------------------|-------------------|----------|------------|-----------|---------------------------|----------------|
| The Learning Lodge Phone No: 028 7930 1601 * These courses are part of the Live and Learn Project funded by the Big Lottery Fund. | | | | | | | |
| Monday | Intro to ICT | 9.30am - 11.30am | 6 weeks | 28/09/09 | £50.00 | N/A | N/A |
| | Intro to ICT | 7.00pm - 9.00pm | 6 weeks | 28/09/09 | £50.00 | N/A | N/A |
| Tuesday | Sage Accounts Level 1 | 7.00pm - 9.00pm | 12 weeks | 29/09/09 | £95.00 | N/A (Exam Fee £35) | OCR Level 1 |
| Wednesday | Flower Arranging | 7.00pm - 9.00pm | 12 weeks | 30/09/09 | £45.00 | N/A | N/A |
| | ECDL | 7.00pm - 9.00pm | 22 weeks | 30/09/09 | £95.00 | N/A | N/A |
| Thursday | CLAIT | 9.30am - 11.30 am | 16 weeks | 01/10/09 | £95.00 | N/A | N/A |
| | CLAIT | 7.00pm - 9.00pm | 16 weeks | 01/10/09 | £95.00 | N/A (Exam Fee £35) | OCR Level 1 |
| Friday | Microsoft Word | 9.30am - 11.30am | 2 weeks | 02/10/09 | TBA | N/A | N/A |
| | Microsoft Word | 7.00pm - 9.00pm | 2 weeks | 02/10/09 | TBA | N/A | N/A |
| | Microsoft Excel | 9.30am - 11.30am | 2 weeks | 16/10/09 | TBA | N/A | N/A |
| | Microsoft Excel | 7.00pm - 9.00pm | 2 weeks | 16/10/09 | TBA | N/A | N/A |
| | Microsoft Access | 9.30am - 11.30am | 2 weeks | 23/10/09 | TBA | N/A | N/A |
| | Microsoft Access | 7.00pm - 9.00pm | 2 weeks | 23/10/09 | TBA | N/A | N/A |
| | Microsoft Powerpoint | 9.30am - 11.30am | 2 weeks | 30/10/09 | TBA | N/A | N/A |
| | Microsoft Powerpoint | 7.00pm - 9.00pm | 2 weeks | 30/10/09 | TBA | N/A | N/A |

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee / Exam Fee | Qualifications |
|--|--------------------------|--------------|----------|--------------|-----------|---------------------------|-----------------|
| Kilcooley Women's Centre Phone No: 028 9147 8292 *All students to pay group fees - £5 | | | | | | | |
| Monday | ECDL | 09.00 -11.30 | 30 weeks | WC 7 Sept 09 | £45 | £25 | BCS |
| | Word Processing | 11.30-1.30 | 30 weeks | WC 7 Sept 09 | £35 | £20 | OCR |
| | Photoshop | 1.30-3.30 | 8 weeks | WC 7 Sept 09 | £10 | £5 | OCN |
| | British Irish History | 1.30-3.30 | | WC 7 Sept 09 | FREE | | |
| | Crafts | 10.15-12.15 | 8 weeks | WC 7 Sept 09 | £10 | £5 | |
| Tuesday | CLAIT | 09.00-11.30 | 18 weeks | WC 7 Sept 09 | £40 | £20 | OCR |
| | Introduction to Internet | 11.30-1.30 | 12 weeks | WC 7 Sept 09 | £10 | £5 | OCN |
| | e-type | 1.30-3.30 | | WC 7 Sept 09 | TBC | TBC | BCS |
| | AS Sociology | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | £45 | £25 | OCR |
| | GCSE English | 11.00-1.00 | 30 weeks | WC 7 Sept 09 | £35 | £20 | CCEA |
| | Political Skills | 09.30-12.30 | 6 weeks | WC 7 Sept 09 | FREE | | OCR |
| Wednesday | Word Processing | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | £35 | £20 | OCR |
| | ECDL | 11.00-1.30 | 30 weeks | WC 7 Sept 09 | £45 | £25 | OCN |
| | Pre GCSE English | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | FREE | | City and Guilds |
| | Pre GCSE Maths | 11.00-1.00 | 30 weeks | WC 7 Sept 09 | FREE | | City and Guilds |
| | British Irish History | 09.00-11.00 | | WC 7 Sept 09 | FREE | | |
| Thursday | Driving Theory | 09.00-11.00 | | WC 7 Sept 09 | FREE | £5 | |
| | Dreamweaver | 11.30-1.30 | 8 weeks | WC 7 Sept 09 | £10 | £20 | OCN |
| | GCSE Maths | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | £35 | £25 | AQA |
| | AS Politics | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | £45 | £5 | OCR |
| | Crafts | 11.30-1.30 | 8 weeks | WC 7 Sept 09 | £10 | | |
| Friday | CLAIT | 09.00-11.30 | 18 weeks | WC 7 Sept 09 | £40 | £20 | OCR |
| | Intro to IT | 11.30-1.30 | 12 weeks | WC 7 Sept 09 | £10 | £5 | OCN |
| | GCSE Sociology | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | £35 | £20 | OCR |
| | AS Politics | 09.00-11.00 | 30 weeks | WC 7 Sept 09 | £45 | £25 | CCEA |
| | AS Sociology | 11.00-1.00 | 30 weeks | WC 7 Sept 09 | £45 | £25 | OCR |

Custom Training

Ardoyne Women's Group
Ballymurphy Women's Centre
Foyle Women's Information Network
Northern Ireland Rural Women's Network
RNIB: Employability & Skills
Shared City Project
Training For Women Network
Women's Information Group
Women Into Politics
Women's News
Women's Resource and Development Agency
WOMEN'STEC



Foyle Women's Information Network (FWIN) was established in 1994 following a consultation process with individual women and women's groups in the Derry/Londonderry area. This consultation identified the need for greater co-operation and co-ordination between women from diverse socio/economic, political and cultural backgrounds. The consultation also identified the need for accessible information and support for locally based women's groups and organisations working with women who are marginalised as a consequence of social/economic and cultural deprivation. FWIN is an information network for community based women's centres, groups, individuals and organisations.

FWIN works closely with local women's organisations and develops relationships with women's organisations regionally, nationally and internationally and by becoming a member of FWIN you can avail of the following services:

- Tailored training - personalised to suit your group's needs
- Regular updated information to support your group
- Project development
- 6 newsletters per year
- Ongoing Networking opportunities and events
- Annual conference
- Outreach support
- Advice and signposting
- Policy consultations and campaigning

From 2009 – 2014 achieved through funding from Big Lottery Live and learn FWIN will offer the following:

- an opportunity to network on a regular basis by holding 10 themed information events yearly
- 4 local neighbourhood health events per year which aims to provide information, support and tackling health issues in neighbourhoods

FWIN offers a range of courses in the following areas, community relations, personal development, skills development and group development. In addition to this we also offer tailored training.

For further information on training or support / services provided by FWIN please contact:

Catherine Cooke / Mary Harkin
 Foyle Women's Information Network
 The Junction
 8 Bishop Street, Derry/ Londonderry, BT48 6PW
 T: 028 7126 6291 / M: 07711 536377
 Email: info@fwin.org.uk



“Amplifying and articulating the voices of rural women at a local, regional and strategic level”

NIRWN has a training and development remit specifically focused on the needs of rural women and rural women's groups.

NIRWN offer a range of courses in each of the following areas:

Personal Development and Capacity Building

This is offered to women or groups of women, who would like to build their confidence, develop greater belief in themselves and become more assertive in their daily lives.

Skills Development

This training is offered for those wishing to develop their skills and increase their personal effectiveness.

Group Development

This is offered to groups who need help to improve the management of their group and plan for the future.

In addition to these three key areas of work we can tailor make courses designed to the specific requirements of your group.

All our training and support is **FREE**.

If you would like to learn more about any of these courses please contact:

Louise- Development Officer (Training)

T: 028 8676 9191

M: 07894 291816

E: louise@nirwn.org.uk



Women Into Politics (WiP) was established in 1993 and is the only NGO in Northern Ireland whose main strategic focus is to increase the number of women in decision making roles at all levels of society.

WiP works in partnership with grassroots organisations across the communities and in co-operation with all elected representatives and policy makers for the advancement of

women and to the benefit of the women's sector.

WiP provides tailor-made courses designed to meet the specific needs and requirements of organisations and are delivered by a team of specialised trainers. The courses are accredited through the Institute of Leadership and Management (ILM), City and Guilds and Open College Network. The same courses are available in a non-accredited format.

Areas of learning include:

- Leadership and Development
- Tutor/Teacher training
- Culture and Diversity
- Management
- Conflict Resolution
- Campaigning and Lobbying

WiP is currently delivering a range of Political Leadership Skills training across Northern Ireland throughout 2009/10.

A series of Politics 4 Youth Programmes and events designed specifically for young women aged between 16-25 are also delivered region-wide.

Contact:

Women Into Politics, 109-113 Royal Avenue, Belfast, BT1 1FF

Telephone: 028 9024 3363

email: training@womenintopolitics.org



Women's News was established in 1984. It is a charitable organisation dedicated to the empowerment of women and to women's inclusion in society as valued and equal members.

Although we are currently unable to offer any formal training courses, we do provide opportunities for volunteering to give women experience of working in a media organisation.

We also do outreach work in schools and women's centres, holding information sessions on Women, Feminism and Media. If you think this is something that might be of interest to your women's group please don't hesitate to contact us at the address below.

For further information please contact:

Cathy Donnelly

Editor

Women's News

109-113 Royal Avenue

Belfast BT1 1FF

Telephone: 028 9032 2823

Email: editorwomensnews@btconnect.com



The Women's Information Group (WIG) is an umbrella organization which brings together women's groups throughout Greater Belfast and the surrounding towns to provide a diverse program including health, social issues, cultural diversity and community development.

Established in 1980, WIG has provided the opportunity for women to meet, to learn together, to enjoy each

others company and to access information. WIG believe that information is the key ingredient in confidence building, taking action and getting your voice heard, therefore access to information, particularly for women who are often isolated in their homes, is central to the organization.

Information Days

Information Days enables the vital exchange of information between statutory and voluntary agencies and local communities. Held on a monthly basis in venues across Belfast and Northern Ireland the information days enable women from different religious and cultural backgrounds to meet each other in a relaxed and informal way.

Projects

WIG run highly successful projects including the Young Women's Project for women up to 35 years and the "Hey Girls You Are Beautiful" Project for women who are clinically obese.

Since moving to new premises with a training room and crèche facilities WIG have been able to extend their services and annual programme. There is a small charge of £1 per participant at the information days and the Hey Girls You Are Beautiful programme costs £2 per week including lunch and all other courses are free of charge. The monthly newsletter is widely circulated and includes details of all activities and events.

For further details of projects, courses and Information Days contact Sunita or Angela at:

Women's Information Group
7 University Road, Belfast, BT7 1NA
Tel/Fax: 028 9024 4119
Email: women@infogroup.club24.co.uk
Website: www.womensinformationgroup.com

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee |
|-----------|--|---------------|-----------------|---------------|-------------------|----------------|
| Monday | Hey Girl You Are Beautiful | 10.30-12.30pm | Ongoing | 7 Sept 09 | £2.00 per morning | N/A |
| Tuesday | Information Day | 10.30-12.30pm | 1 Morning | 15 Sept 09 | £1.00 | N/A |
| | Information Day | 10.30-12.30pm | 1 Morning | 13 Oct 09 | £1.00 | N/A |
| | Information Day | 10.30-12.30pm | 1 Morning | 8 December 09 | £1.00 | N/A |
| | Young Women's Project | 10.30-12.30pm | 1 Morning | TBC | FREE | N/A |
| Wednesday | Excellence Course for personal Success | 10.30-12.30 | 10 sessions | 23 Sept 09 | FREE | N/A |
| | Information Day | 10.30-12.30 | 1 Morning | 11 Nov 09 | £1.00 | N/A |
| Thursday | Understanding Me and My Mind | 10.30-12.30 | 6 to 8 sessions | 24 Sept 09 | FREE | N/A |
| Friday | Basic Computer Course | 10.30-12.30 | 10 sessions | 25 Sept 09 | FREE | N/A |

WOMEN'STEC

Enabling women into non-traditional employment

The WOMEN'STEC is the largest quality provider of training for women in non-traditional skills in Northern Ireland. Based in Belfast, the organisation enables women to return to employment in non-traditional sectors and contributes to reducing the chronic skills shortage in the Construction and ICT industries.

TEC stands for Training, Enterprise and Childcare, as the organisation provides such valuable facilities to women who are socially and economically disadvantaged, ultimately offering them new career and life perspectives.

For further information on courses contact reception at WOMEN'STEC

WOMEN'STEC
161 - 163 Duncairn Gardens
Belfast
BT15 2GE
T: (028) 9074 9810
F: (028) 9035 2888
E: admin@womenstec.com
W: www.womenstec.com



The WRDA have been delivering the Community Facilitator Programme across Northern Ireland since 1995. The programme has received an award for 'Really Effective Training' from the National Training Awards.

Our experience would suggest that peer education is an effective model to promote learning and engage with hard to reach, marginalised communities, which is why our programme targets and trains local women to become Community Facilitators.

The programme combines theory and practical activities to enable women to develop facilitation skills. Upon successful completion of the Community Facilitator Programme, participants will receive an NVQ Level 3 in Direct Training & Support.

The programme modules are:

- Working with groups
- Communication/interpersonal skills
- How adults learn
- Planning and evaluating sessions
- Conflict management & resolution
- Group dynamics
- Anti-discriminatory practice

The Community Facilitator Programme is aimed at women who have already participated in personal development programmes and are keen to develop facilitation skills. Ideally participants should:

- Be active in their local communities, e.g. members of women's groups, community groups or other community based organisations.
- Have an interest in community issues.
- Be willing to attend training sessions and complete appropriate work associated with NVQ Level 3 in Direct Training & Support

For further information about the Community Facilitator Programme, contact

WRDA
6 Mount Charles, Belfast, BT7 1NZ
Email: sadhbh.branton@wrda.net or info@wrda.net
Tel: 028 9023 0212



The Shared City Project was established in 1999 to bring people together from both communities in Derry/Londonderry. Divisions have built up in the last 30/40 years resulting in communities becoming divided and insular. In order to progress towards a normalised society, these barriers must be overcome. The project therefore offers training and educational activities to enhance the

development of local community infrastructure, build confidence and skills and promote economic, environmental and social development and regeneration. All these activities are based on a cross community engagement basis in order to lead to a better understanding of the diversity within our divided society.

Aims

- To encourage greater participation and improve skills in the community.
- To promote peace and reconciliation in communities, and improve relations between city side and waterside.
- To support victims of violence relating to the troubles.
- Interface Health Information Events and Community Health Days

Community Education Programme

This annual programme was set up to assist in the development of the community and encourage life long learning. Courses are available at schools, community centres and community houses so that communities throughout the Waterside, the Fountain, City-side, interface areas and indeed rural areas have access to education and the opportunity to obtain qualifications and knowledge in a wide range of educational and recreational subjects.

An Enrolment and Information evening will be held on 24th September 2009 in the Playhouse at 7.30pm

For further information about the Community Education Programme contact

Jeanette Warke
 Shared City Project
 Old Clondermot High School, Irish Street, Londonderry, BT47 2DB
 Tel: 028 7132 9144 / 7134 5160
 Fax No: 028 7131 1524
 Contact email: jeanettewarke@hotmail.com and shared.city@derrycity.gov.uk

| Day | Course | Time | Duration | Start Date | Full Cost | Concession Fee |
|--------------------------------------|-----------------|---------------------|----------|------------|-----------|----------------|
| Irish Street Community Centre | | | | | | |
| Mon | Yoga | 2.00-4.00pm | 15 weeks | 28/09/2009 | £30 | £20 |
| Wed | Crafts for all | 1.00-3.00pm | 30 weeks | 30/09/2009 | £60 | £30 |
| Caw/Nelson Drive Action Group | | | | | | |
| Tue | Floral Art | 2.00-4.00pm | 30 weeks | 29/09/2009 | £60 | £30 |
| Clooney Residents Association | | | | | | |
| Monday | Crafts for all | 2.00-4.00pm | 30 weeks | 28/09/2009 | £60 | £30 |
| Tuesday | Intro to Beauty | 1.00-3.00pm | 10 weeks | 29/09/2009 | £20 | £20 |
| Cathedral Youth Club | | | | | | |
| Wed | Yoga | 6.30-8.30pm | 15 weeks | 30/09/09 | £30 | £20 |
| Thur | Patchwork | 7.00-9.00pm | 30 weeks | 01/10/2009 | £60 | £30 |
| Inner City Activity Group | | | | | | |
| Tue | Cook IT | 12-2.00pm | 10 weeks | 29/09/2009 | £20 | £20 |
| Thurs | Floral Art | 2.00-4.00pm | 30 weeks | 01/10/2009 | £60 | £30 |
| Workhouse Museum | | | | | | |
| Mon | Local History | 10.00am- 12.00pm | 15 weeks | 11/01/2010 | £30 | £20 |



TWN is currently taking names for the next round of these programmes, course leaflets and application forms are available upon request

Interested? Then contact the Training and Development Team on **028 9031 9888** or e-mail us at training@twnonline.com

Group Training discounts for Parties of 10 + available on/off site. All Enquires to Roisin Barrett.

| Day | Course | Time | Duration | Start Date | Qualification |
|-----------|---|------------|----------|------------|-------------------------|
| Mon | Executive Management | 10am-1pm | 12 weeks | TBC | ilm Level 7 Award |
| Wed | Coaching Team Leaders and First Line Managers | 10am-4pm | 4 weeks | TBC | Im Level 3 Award |
| | Management | 10am-1pm | 12 weeks | TBC | ilm level 6 Award |
| Thurs | Management | 10am-1pm | 10 weeks | 17.09.09 | ilm level 4 Award |
| | Management | 10am-1pm | 18 weeks | 08.10.09 | ilm level 5 Award |
| Fri | First Line Management | 10am - 1pm | 10 weeks | 11.09.09 | ilm level 3 Award |
| | Managing Coaching and Mentoring | 10am - 4pm | 8 weeks | TBC | Ilm Level 5 Certificate |
| TBC | Reconciliation | 10am - 1pm | 8 weeks | TBC | OCR Level 2 |
| TBC | Peace and Reconciliation | TBC | 12 weeks | TBC | OCR Level 3 |
| On Demand | Starting Your Own Business | TBC | TBC | TBC | ilm Level 3 Award |
| On Demand | First Steps to Business | TBC | 6 weeks | TBC | ilm Endorsed Award |
| On Demand | Managing Bullying in the Workplace | TBC | 1 day | TBC | ilm Endorsed Award |
| On Demand | Dealing with Difficult and Aggressive Behaviour | TBC | 2 day | TBC | ilm Endorsed Award |
| On Demand | Female Victims of the Conflict | TBC | 5 days | Aug 2009 | Ilm Endorsed Award |
| On Demand | Female Migrant workers | TBC | 5 days | Sept 2009 | Ilm Endorsed Award |
| On Demand | Female Returners to work - "Moving On" | TBC | 5 days | Aug 2009 | Ilm Endorsed Award |
| On Demand | Female Gender Equality | TBC | 5 days | Sept 2009 | Ilm Endorsed Award |
| On Demand | The European Union - Gender Roadmapping | TBC | 4 days | TBC | Ilm Endorsed Award |
| On Demand | The United Nations and Gender Equality | TBC | 4 days | TBC | Ilm Endorsed Award |



Ardoyne Women's Group

Ardoyne Women's Group

Ardoyne Women's Group is based in north Belfast and has been operating for the past 25 years. The Group operates from the City Council's Ardoyne Community Centre.

Ardoyne Women's Group was established in 1984 as an initiative of local women who identified a need for a safe and nurturing place of respite for women and girls where they could access information, training, advice and education opportunities as well as give local women a stronger voice on larger organisations and boards.

The Women's Group has the capacity to care for the children of women partaking in courses through our crèche facilities. The Women's Group has also been involved with many other current affairs issues that impact on the local community and has worked closely such bodies as the localised Health Action Zone and Community Empowerment Partnership (CEP).

For further Information on our group or its activities, please contact:

Jackie Bradley-
Ardoyne Women's Group
c/o Ardoyne Youth Club
BT14 7FJ
Tel: 028 9074 3536
Email ardoynewomensgroup@hotmail.com



supporting blind and partially sighted people

RNIB Confidence Building

Losing sight impacts adversely on self esteem. On diagnosis women are often told, 'you will no longer drive' or 'you may not be able to work'. Confidence levels, personal and social expectations are automatically challenged. Timely and appropriate support is essential to prevent unnecessary loss of potential. Our six week Confidence Building course deals with the emotional journey of acceptance of visual impairment. It enables women to rebuild their resolve and pursue their life goals as before, particularly in the areas of learning, skills and ultimately employment.

RNIB IT Training

Using computers with speech and magnification software, women with little or no sight can avail of e-mail, internet or any IT function in the same way as their sighted colleague. We offer a ten-week training programme tailored to the needs of anyone with sight impairment.

RNIB Volunteer Placements

Over the last two years, fifteen women have volunteered in our project office. Volunteering offers blind and visually impaired women the chance to learn or retrain in work

RNIB Employability & Skills for women is a European/DEL funded project which offers Confidence Building, IT Training and volunteer placements to women who are blind or visually impaired.

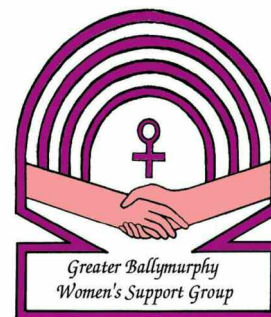
disciplines - timekeeping, reception and administration. They are encouraged to develop their job search skills and interview techniques and this has resulted in 12 volunteers successfully securing mainstream employment.

We welcome enquiries from any woman aged 16-60, who has a visual impairment and is currently unemployed.

Training is delivered from 4 centres throughout Northern Ireland, Belfast, Derry/L'derry, Coleraine & Omagh.

For further details contact:

Annamarie Houston
RNIB
Employability & Skills
9 Magazine Street
Derry/L'derry
BT48 0HJ
TEL 028 7136 6060
E-MAIL annmarie.houston@rnib.org.uk



Ballymurphy Women's Centre boasts a new state of the art facility on the Springfield Road with up-to-date therapy rooms, training rooms and office space. Services include a Stress Clinic which provides complementary therapies for vulnerable local people and a project for young people that provides a sexual health awareness drop-in service, health promotion,

New Deal placements, and schools work.

Ballymurphy Women's Centre also runs the YAHOO project, which is a Youth and Health Outreach project providing informal training for young people on sexual health and drugs. YAHOO was the first project in Northern Ireland to use 'virtual babies' to help educate young people about the realities of parenthood.

We are open Monday 9a.m. to 5p.m., Tuesday to Thursday 9 a.m. to 9 p.m. and Friday from 9 a.m. to 1.30 p.m.

For further information on our group or its activities please contact:

Mary Brennan
Unit 1
689 Springfield Road
Belfast
BT12 7FP

Tel: 028 9022 3220
E-MAIL maryb2002ni@yahoo.com

What Women Say About Women's Education & Training...

"I am achieving things that I didn't think possible. I have the opportunity to do what I didn't in school, improve myself, achieve things for myself and push myself further"

"I have learnt a lot doing this course and have gained a lot of confidence and would definitely consider beauty as a career path"

"The support of the Women's Centre has given me a new purpose in life and inspired me to get a career, having the crèche facilities meant my children were safe and cared for when I was learning. I couldn't have gone back to education without the childcare"

"I used to sit in the house on my own, the centre gave me the confidence to get out of the house, learn and be part of my community"

"Really enjoyed the class and met new friends."

"I loved the sage course and coming to the centre has given me the confidence to move on to other things, some day I hope to be an accountant"

"Very accessible centre, great tutor, great group and all round a great experience"

"Getting new computer skills will help me to get a better job"





Lead Agencies for WCRP:



Northern Ireland Rural Women's Network (NIRWN)

15 Molesworth Street
Cookstown
BT80 8NX
028 8676 9191



The Women's Centre
ACCESS EMPOWERMENT ENABLEMENT

The Women's Centre, Derry

Beibhinn House
5 Guildhall Street
Derry
BT48 6BB
028 7126 7672



Women's Support Network (WSN)

109-113 Royal Avenue
Belfast
BT1 1FF
028 9023 6923



Women's Resource and Development Agency (WRDA)

6 Mount Charles
Belfast
BT7 1NZ
028 9023 0212

